	ID: Date:	
	Medical service: ☐ Public ☐ Private	Specialty: Allergologist Dermatologist Internist General Practitioner Other:
gate the use of text messaging	•	, ,

Dear patient,

We are conducting a study to investigate the use of text messaging, social media websites (e.g. Facebook) and email among patients with chronic urticaria. Depending on the results, we may be able to use one or more of these methods to improve patient care. Please help us by completing this brief survey. All the information provided by you will remain confidential and anonymous. Your participation is completely voluntary, and this will not affect your medical care in any way. Thank you!

Please, answer all the following questions. If you prefer not to answer a question, feel free to leave it in blank.

1. What is your birth date?	
Month Day Year	
2. What is your gender?	
□ Male	□ Female
3. What is your current employment s	catus?
☐ Employed☐ Self-employed☐ Unemployed☐ Retired	☐ Student☐ Homemaker☐ Disabled
4. In which area do you live?	
□ Rural	□ Urban
5. What is your marital status?	
☐ Single☐ Married or domestic Partnership	□ Divorced or Separated□ Widowed

6. What is the highest level of education you have red	eived?		
□ No schooling□ Primary / middle school□ Secondary / high school		ndergradua estgraduate	· · · · · · · · · · · · · · · · · · ·
7. How long ago did your chronic urticaria symptoms	first sta	rted?	_ year(s) month(s)
8. How long ago were you initially diagnosed with chi month(s)	onic urt	ticaria by a	physician? year(s)
9. What type (s) of urticaria has been diagnosed?			
 ☐ Chronic spontaneous urticaria (CSU) ☐ Chronic inducible urticaria (CIndU) ☐ Both (chronic spontaneous urticaria and chronic urticaria currently under treatment receiving. 			
	Yes	No	Dose
1st Gen. Antihistamines (e.g. hydroxyzine (Vistaril),			☐ Usual dose
diphenhydramine (Benadryl), chlorpheniramine (Chlor Trimento)			☐ Higher than usual
diphenhydramine (Benadryl), chlorpheniramine			☐ Higher than
diphenhydramine (Benadryl), chlorpheniramine (Chlor Trimento) 2 nd Gen. Antihistamines (e.g. fexofenadine (Allegra), cetirizine (Zyrtec), loratadine (Claritine), levocetirizine			☐ Higher than usual ☐ Usual dose ☐ Higher than usual ☐ 150 mg
diphenhydramine (Benadryl), chlorpheniramine (Chlor Trimento) 2nd Gen. Antihistamines (e.g. fexofenadine (Allegra), cetirizine (Zyrtec), loratadine (Claritine), levocetirizine (Xyzal), desloratadine (Clarinex) Omalizumab (Xolair)		0	☐ Higher than usual ☐ Usual dose ☐ Higher than usual
diphenhydramine (Benadryl), chlorpheniramine (Chlor Trimento) 2nd Gen. Antihistamines (e.g. fexofenadine (Allegra), cetirizine (Zyrtec), loratadine (Claritine), levocetirizine (Xyzal), desloratadine (Clarinex) Omalizumab (Xolair) Oral Corticosteroids			☐ Higher than usual ☐ Usual dose ☐ Higher than usual ☐ 150 mg
diphenhydramine (Benadryl), chlorpheniramine (Chlor Trimento) 2nd Gen. Antihistamines (e.g. fexofenadine (Allegra), cetirizine (Zyrtec), loratadine (Claritine), levocetirizine (Xyzal), desloratadine (Clarinex) Omalizumab (Xolair)			☐ Higher than usual ☐ Usual dose ☐ Higher than usual ☐ 150 mg
diphenhydramine (Benadryl), chlorpheniramine (Chlor Trimento) 2nd Gen. Antihistamines (e.g. fexofenadine (Allegra), cetirizine (Zyrtec), loratadine (Claritine), levocetirizine (Xyzal), desloratadine (Clarinex) Omalizumab (Xolair) Oral Corticosteroids Topical Corticosteroids			☐ Higher than usual ☐ Usual dose ☐ Higher than usual ☐ 150 mg
diphenhydramine (Benadryl), chlorpheniramine (Chlor Trimento) 2nd Gen. Antihistamines (e.g. fexofenadine (Allegra), cetirizine (Zyrtec), loratadine (Claritine), levocetirizine (Xyzal), desloratadine (Clarinex) Omalizumab (Xolair) Oral Corticosteroids Topical Corticosteroids Other (please describe) 11. Do you have a cellphone?	□ □ □ □ □ □ □ □ □ □ □ □ No	a a mobile	☐ Higher than usual ☐ Usual dose ☐ Higher than usual ☐ 150 mg ☐ 300 mg

Yes			□ No		
If you answered "Yes" t ow often do you use ea					questions:
	Never	Less than once a	At least once a	At least once a	Every day
		month	month	week	
Text messages					
Facebook					
Twitter					
LinkedIn					
Email					
Web browsers (Google Chrome, Mozilla, etc)					

WhatsApp

YouTube

Skype

Other:_ Other:_

Other:_

Other:_

Instagram

Blog or Forum

13. Do you have access to the internet in general (using computer, laptop, tablet or cellphone)?

15. If you answered *every day* on the previous question. How many hours a day do you spend on information and communication technologies? Mark only one option for each row

	<3 hours a day	3 – 5 hours a day	> 5 hours a day
Text messages			
Facebook			
Twitter			
LinkedIn			
Email			
Web browsers (Google Chrome, Mozilla, etc)			
WhatsApp			
YouTube			
Instagram			
Skype			
Blog or Forum			
Other:			

16. Have you used any of the following types of media to obtain information on your health and medical problems, or specifically to obtain information about urticaria? Mark one option for each item.

16.A General Health Information

16.B Information regarding urticaria

		•		6	0
	Yes	No		Yes	No
Text messages			Text messages		
Facebook			Facebook		
Twitter			Twitter		
LinkedIn			LinkedIn		
Email			Email		
Web browsers			Web browsers		
(Google Chrome,			(Google Chrome,		
Mozilla, etc)			Mozilla, etc)		
WhatsApp			WhatsApp		
YouTube			YouTube		
Instagram			Instagram		
Skype			Skype		
Blog or Forum			Blog or Forum		
Other:			Other:		
Other:			Other:		
Other:			Other:		
Other:			Other:		

17. If you answered YES for any of the types of media in question 16, how do you rate the quality of information you obtained?

17.A General Health Information

	Not interesting not helpful Very low quality	Slightly interesting, somewhat helpful, Low quality	Moderately interesting and helpful, Medium quality	Very interesting and helpful, Good quality	Extremely interesting and helpful, very good quality
Text messages					
Facebook					
Twitter					
LinkedIn					
Email					
Web browsers (Google Chrome, Mozilla, etc.)					
WhatsApp					
YouTube					
Instagram					
Skype					
Blog or Forum					
Other:					

17.B Information regarding urticaria

	Not interesting not helpful Very low quality	Slightly interesting, somewhat helpful, Low quality	Moderately interesting and helpful, Medium quality	Very interesting and helpful, Good quality	Extremely interesting and helpful, very good quality
Text messages					
Facebook					
Twitter					
LinkedIn					
Email					
Web browsers (Google Chrome, Mozilla, etc.)					
WhatsApp					
YouTube					
Instagram					
Skype					
Blog or Forum					
Other:					

18.	How interested would you be in receiving information about chronic urticaria (things that might
	affect it or might help improve it (eg. weather, food, medication reminders, chronic urticaria tips,
	treatment options) through the following types of electronic media? Mark one box for each type
	listed.

	Not interested	Slightly interested	Moderately interested	Very interested	Extremely interested
Text messages					
Facebook					
Twitter					
LinkedIn					
Email					
Web browsers					
(Google Chrome,					
Mozilla, etc.)					
WhatsApp					
YouTube					
Instagram					
Skype					
Blog or Forum					
Other:					

If you answered 'Not interested at all" or "Very or Extremely interested" for any of the types
above, please tell us why and/or how you think this media could help you and why it would
appeal to you as a way to get information?

19. How interested would you be in being able to ask questions to your doctor or another health care provider about chronic urticaria using any of the following electronic media types? Mark one for each row.

	Not interested	Slightly interested	Moderately interested	Very interested	Extremely interested
Text messages					
Facebook					
Twitter					
LinkedIn					
Email					
Web browsers (Google Chrome, Mozilla, etc.)					
WhatsApp					
YouTube					
Instagram					
Skype					
Blog or Forum					
Other:					

low interested would you be in being iny of the following electronic media t			er urticaria p	atients using
Not	Slightly	Moderately	Very	Extremely

	Not interested	Slightly interested	Moderately interested	Very interested	Extremely interested
Text messages					
Facebook					
Twitter					
LinkedIn					
Email					
Web browsers (Google Chrome, Mozilla, etc.)					
WhatsApp					
YouTube					
Instagram					
Skype					
Blog or Forum					
Other:					

21.	Do you believe information and communication technologies could reduce your need to see a
	doctor?

Strongly disagree	Disagree	Undecided	Agree	Strongly agree

22. Would you be interested in an electronic App to keep track of the *disease activity* of your urticaria, asking you to score your signs and symptoms on a daily basis?

Not interested	Slightly interested	Moderately interested	Very interested	Extremely interested

23.	Would you be interested in an electronic App that keeps track of the control of your urticaria asking
	you to answer 4 questions on a weekly or monthly basis?

Not interested	Slightly	Moderately	Very	Extremely
	interested	interested	interested	interested

Thank you very much for filling out this survey!

Have a wonderful day!